



# The Oregon and Washington Science Teachers Associations

Present

## A Celebration of Excellence in Science Teaching

At the NSTA Portland Area Conference, Thursday, October 24, 2013

Double Tree Hotel • 1000 NE Multnomah • Portland, OR 97232

Join your colleagues as we celebrate science educators who have demonstrated professional excellence.

Cost: \$30

Buffet Dinner Served from 6:30 – 7:30pm

No-Host Bar Available

Awards Presentation 7:30 – 8:00 pm

Keynote Presentation 8:00- 8:30pm

### **Dr. Kent Thornburg**

#### **The New World of Food Biology**

We have all heard that nutrition is important and that healthy eating can lead to a longer life. That's certainly true for food choices you make as an adult, but what about what you ate when you were a kid? Or what about the food your mom ate when she was pregnant with you? Is it possible that those meals can have an effect on your health and lifespan?

Dr. Kent Thornburg will discuss his research at OHSU that shows that the increase in chronic diseases like obesity, heart disease and diabetes is a consequence of mothers growing up on the American diet. Learn how the research is being done, how the word is being spread that nutrition at all stages in life is important, and how you can take steps to protect yourself and educate children.

Kent Thornburg, PhD, is the M. Lowell Edwards Chair, Professor, Knight Cardiovascular Institute, Director of the Heart Research Center and Interim Director of the Bob and Charlee Moore Institute for Nutrition & Wellness at Oregon Health & Science University. Dr. Thornburg studies the roles of the placenta and the intrauterine environment as programming agents for adult-onset chronic disease and he leads studies on maternal diet and body in regulating fetal growth in women of Oregon. His work has been continuously funded by the National Institutes of Health. He is committed to community service within OHSU and beyond including K-12 education programs, undergraduate research training programs and ethnic health programs.

